



# BES & ROES

## 2014

Lunch = \$3.75

Entrée (Includes Whole Grain) +  
Fruit and Vegetables + Milk or  
Cup for Water

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 2 Crispy Tacos w/Turkey Taco Meat Lettuce, tomatoes, cheese Fruit	2 Cheese Pizza Garden Salad Fruit	3
4	5 <b>** Beyond Meat Chicken            Fiesta Nacho Bowl            Tomatoes, avocado,            cheese, beans, chips            Fruit</b>	6 Roasted Chicken Garlic Bread Garden Salad Fruit	7 <b>+++ PB &amp; J Sandwich            Veggie Sticks            Fruit</b>	8 Chicken Tenders Garden Salad Fruit	9 Cheese Pizza Garden Salad Fruit	10
11	12 Rainbow Stir –Fry w/Teriyaki Sauce, Rice Fruit	13 Chicken & Rice Pick Up Stix Veggie Sticks Fruit	14 Grilled Cheese Veggie Sticks Fruit <b>\$\$ BROOKSIDE- NO            LUNCH</b>	15 2 Crispy Tacos w/Turkey Taco Meat Lettuce, tomatoes, cheese Fruit	16 Cheese Pizza Garden Salad Fruit	17
18 <b>\$\$ Teacher Appreciation            Lunch – Sack lunches            will be available in the            school office.</b>	19 <b>** Beyond Meat Chicken            Fiesta Nacho Bowl            Tomatoes, avocado,            cheese, beans, chips            Fruit</b>	20 Roasted Chicken Garlic Bread Garden Salad Fruit	21 <b>+++ PB &amp; J Sandwich            Veggie Sticks            Fruit</b>	22 Chicken Tenders Garden Salad Fruit	23 Cheese Pizza Garden Salad Fruit	24 Menu subject to change without prior notice
25 <b>** Soy &amp; Pea Protein            +++ Wow Butter-Soy            Product – peanut free</b>	26 <b>HOLIDAY</b>	27 Chicken & Rice Pick Up Stix Veggie Sticks Fruit	28 Grilled Cheese Veggie Sticks Fruit	29 2 Crispy Tacos w/Turkey Taco Meat Lettuce, tomatoes, cheese Fruit	30 Cheese Pizza Garden Salad Fruit	31 